

F A L L 2 0 1 2

# TRiO SSS

TRiO Works!



## What's New? Meet your TRiO Family!

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Student Support Services was proud to welcome our newest 2012 Cohort to the TRiO family this summer. New members participated in a two-day Summer Bridge retreat, which consisted of team building activities, a campus scavenger hunt, academic enrichment workshops, and a river barge tour of downtown San Antonio. Members stayed at Dubuis Hall and had the opportunity to get an inside look at UIW before starting classes in the fall. Special guest speakers included Dr. Perry, Mr. Tony Ramos, and Dean McMakin. TRiO Mentors also were available to share their student experiences with the new members. We look forward to seeing the continued academic and personal success with these amazing new members!

### SAVE THE DATE: Upcoming TRiO Activities

<b>October 9th</b>	Study Skills Part 2- Note Taking	Learn different ways to stay focused during studies & campus life!	Nursing Building 214	12-1 pm
<b>October 13<sup>th</sup></b>	Light the Way Workday	Represent TRiO pride as we create a display board!	Dubuis Lawn	9-2 pm
<b>October 16th</b>	Study Skills Part3- Reading Comprehension	Learn various ways to recall information you have taken in literally & apply to your educational path!	Nursing Building 214	12-1 pm
<b>October 18-20<sup>th</sup></b>	Graduate School Visits	TRiO visits graduate schools- UT Austin, Baylor U & more! Stop by the lab for more info!	TBD	Fall Break
<b>October 24<sup>th</sup></b>	Registration 101	Pointer's & tips for registration- MANDATORY FOR 2012 BRIDGE COHORT	Nursing Building 214	1:30-2:45 pm
<b>October 30<sup>th</sup></b>	Halloween Potluck	Sign up to bring a delicious treat!	TRiO Lab	4-6 pm

Follow us on:



@UIW\_TRiOSSS



/trio.studentsuccess.9

[www.uiw.edu/trio](http://www.uiw.edu/trio)

SSS is 100% funded by the Department of Education from 2010-2015 to serve 200 students.

# MEET OUR STAFF

**Lynette M. De  
Vaughn-Baker**

**Graduate**

**Assistant/Program Leader**

BBA, Marketing  
MAA, Communication Arts ('13)  
San Antonio, TX  
Favorite food: Anything Mommy or  
Grandma cooks

**Wynette Keller**

**Director**

Master of Arts: Marriage &  
Family- St. Mary's  
Master of Arts- Communication  
Arts- UIW  
Bachelor of Arts- UT  
Favorite food: WD Deli  
It is a privilege to be Director of  
a program that serves such an  
outstanding group of students.



**Kara Mowrey**

**Counselor**

Bachelor of Science in  
Education- from Baylor  
University--Sic em Bears!!  
Master of Arts in Counseling,  
Doctor of Education--UTSA  
San Antonio, TX  
Food-anything chocolate!  
It has been a joy to be part of the  
TRiO family at UIW. SSS  
students are amazing!

**Patricia Medina**

**(Patty)**

**Counselor**

Human Sciences, MA  
San Antonio, TX  
Favorite food: Chinese  
I am a TRiO Alumni and have been  
very blessed to continue to work with  
TRiO as a staff member.

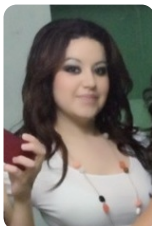


# MEET OUR MENTORS

## 2012-2013

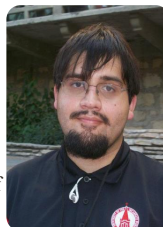
### Velia Ortega

Junior/ Psychology,  
Sociology Minor  
Hutto, TX  
Favorite Food: Italian  
(Olive Garden)  
TRiO has mostly helped me  
grow more as a person and  
to never give up on my  
goals, and to work hard 'till  
the end.



### Ben Carrington

Junior/ Graphic Design  
San Antonio, TX  
Favorite Food: Pizza  
TRiO has helped me with  
making friends with a really  
close and supporting group of  
people. Plus, I think it's a  
great place to stop by and talk  
to people or study.



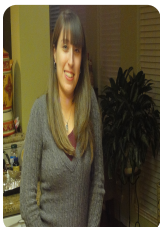
### Janean Vargas

Senior/ Nursing  
San Antonio, TX  
Favorite food: Chipotle  
TRiO has helped me by  
allowing me to have  
another resource at UIW  
to succeed academically.



### Samantha Rivera

Junior/ Interdisciplinary  
Studies (Elementary  
Education)  
San Antonio, TX  
Favorite Food: Mexican  
TRiO has helped me out a  
lot. This year I have  
been coming in and talking  
to one of the counselors who  
helped me work out a  
difficult situation. In all that  
I was going through they  
have been my support. They  
were awesome.



### David Leal III

Sophomore/ Criminal  
Justice, Business Minor  
Favorite Food: A Nice  
Juicy Steak!  
Trio has helped mold me  
into the student I am  
today by offering help  
with tutors and all the  
extracurricular activities  
that keep me on point to  
reach my goals.



### Oscar Salazar

Sophomore/  
Communications  
I work in the University  
Advising Center, Resident  
Assistant, work with the  
Admissions Office and First  
Year Engagement. I am  
Membership Chairman for  
the Student Ambassador Organization  
and also a Peer Mentor for first year  
students.



### Yesenia Caloca

Senior/ Bilingual  
Communication Arts  
Monterey Park, CA  
Favorite Food: Chinese  
TRiO has helped me  
immensely! They have  
helped me accomplish  
my goals and been a  
great support system.



### Cherie Pineer-Huff

Junior/Biology  
Favorite food: Shrimp and pretty  
much what mom cooks.  
Bluefields, Nicaragua  
TRiO has enriched my college  
experience by giving me the  
chance to meet people  
from different walks of life. It has  
also given the opportunity  
to share the knowledge I have  
gained here at UIW with new  
students through the mentoring  
program.



### Cristina Garza

Sophomore/ Nursing  
Birthday: December 20  
Asherton, TX  
Favorite Food:  
Enchiladas  
Animal: Dolphin  
Favorite Color: Pink  
Hobbies: Reading and  
shopping



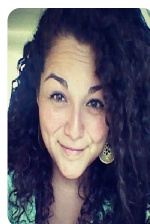
### Jonathan Narvaez

Junior/ Bio-PreMed  
Corpus Christi, TX  
Favorite food: Buffet  
TRiO has pushed me to  
become a better student  
inside the classroom and an  
even better person outside of  
the classroom. I have  
learned to take advantage of  
the offers and opportunities  
that are put in front of me.



### Adriana Gutierrez

Sophomore/ Marketing  
Laredo, TX  
I am an artist at heart, a  
reader and I just love  
meeting new people and  
learning more about  
them. I like to think I'm a  
friendly person and really  
considerate.



### Ashley Solis

Sophomore/Nursing  
Jourdanton, TX  
Favorite food: Grilled  
Chicken Alfredo  
Trio is a great organization  
that helped me connect more  
with people. Attending  
Summer Bridge was  
beneficial for me because the  
first day I knew people, and I  
had people to go to if I  
needed anything.



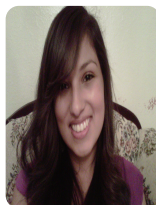
# MEET OUR TUTOR



**COME IN  
FOR  
TUTORING  
@ THE  
TRIO LAB  
AD 225**

## Celia Martinez

Junior/ Business Marketing  
San Antonio, TX  
Favorite food: Italian  
As a McNair Scholar, TRiO has helped me develop myself professionally and academically. I have learned how to do research, search for potential graduate schools, improve my academic and professional skills, and have acquired many networks.



## Carmen D. Cortazar

Senior/ Engineering Management  
San Antonio, Texas  
Favorite food: Grilled Salmon  
TRiO has taken me to heights I didn't know existed.  
5 yr plan: Finishing a graduate program and applying for post-doctoral work.



**Math, Statistics**

**English, Spanish, Business  
Marketing, Statistics**

## Paul Amador

Junior/ Biology  
Houston, TX  
Favorite food: My momma's  
TRiO has helped me by providing guidance and resources such as computers. In addition, they provided me with employment and valuable work experience.



**Biology, Chemistry, Genetics,  
Zoology**

## Shannon Samples

Senior/ Mathematics and  
Engineering Management  
San Antonio, TX  
Favorite food: Italian food  
TRiO has helped me achieve my goals through their mentor and tutor program. They also introduced me to the McNair Scholars Program to help me get into graduate school.



**Math**

# MEET OUR OFFICE ASSISTANTS

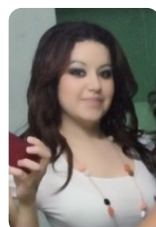
## Alfonso Pagaza

Senior/ International Studies  
Mexico City, Mexico  
Biking, hiking, cultural events  
TRiO member since 2009, office assistant since 2010  
Pursuing a masters in Peace and Conflict Resolution Studies  
Favorite color: Red  
Worked at Starbucks for 3 years  
Speaks 3 languages  
"Live globally, shop locally"



## Alixzandra Paloma Pena

Freshman/ Business Finance  
Floresville, Texas  
Favorite food: homemade Mexican cooking  
Whether it be academic needs, advice, or if I got lost going to a class- TRiO has helped point me in the right direction. In 5 years, I plan to be a graduate of UIW pursuing my career as a certified financial planner.



**Velia Ortega**  
(See Mentor Bio)



**David Leal III**  
(See Mentor Bio)



**Yesenia Caloca**  
(See Mentor Bio)





TRiO hosted its first Fall Reunion and Kickoff event on Wednesday, August 29<sup>th</sup> in the Marian Ballroom. Students enjoyed a delicious Italian dinner while meeting the newest SSS 2012 Cohort and reconnecting with old friends. Members who attended the Reunion and Kickoff were the first to sign up for this semester's exciting activities and tutoring appointments. Each student who attended received a UIW notebook and spiral to help get the semester off to a great start. If you missed this exciting reunion, keep your eye out for other special events during the year!

## STUDY TIPS 101



**Are you looking to make the best grades possible this semester? Make sure you have a plan to study for your classes. Here are a few study tips you might consider:**

- ✓ Start out by studying the most important information.
- ✓ Have all of your study material in front of you: lecture notes, course textbooks, study guides and any other relevant material.
- ✓ Find a comfortable and quiet place to study with good lighting and little distractions (try avoiding your own bed; it is very tempting to just lie down and take a nap)
- ✓ Focus on studying for about 20-30 minutes at a time. Most people can maintain concentration for about half an hour and then need a short break (try reorganizing notes, assembling your next study task, or another study related activity—this is not a Facebook or TV break!)
- ✓ Listening to relaxing music such as classical or jazz on a low volume can relieve some of the boredom of studying.
- ✓ Space out your studying, you'll learn more by studying a little every day instead of waiting to cram at the last minute. By studying every day, the material will stay in your long-term memory, but if you try to study at the last moment, the material will only reside in your short-term memory that you'll easily forget.
- ✓ Test yourself or have someone test you on the material to find out what your weak and strong areas are. You can use the review questions at the end of each chapter, practice tests that the teacher may give out or other pertinent materials.
- ✓ Short study sessions during the week are better than one marathon session the night before a test!

(Taken from [www.testtakingtips.com](http://www.testtakingtips.com))



# Smile, TRiO!

## Summer Bridge 2012

### Members:

Priscilla Hesles-Quintero  
 Myrna Urbina  
 Dionisio Saenz  
 Andrea Ramirez  
 Lorina Ramirez  
 Chelsey McCormick  
 Lori Martinez  
 Chastity Jimenez  
 Shaneqwa Barden  
 Gabriel Arellanes  
 Caira Spenrath  
 Michael Morales  
 Itzel Valenzuela  
 Anneliese Reyes  
 Theresa Garcia  
 Angela Banda  
 Timothy Balzen-O'Rourke  
 Anjali Patel  
 Lauren McDonald  
 Analaura Martinez  
 Yadelí Guillen  
 Jennifer Gonzales  
 John Sanchez  
 Anessa Mendez  
 Susana Guerrero  
 Joshua Gomez  
 Doug Giles  
 Miguel Velez  
 Erik Reyes  
 Kevin Medrano  
 Ramon Gallegos  
 Marissa Carreon  
 Secilia Zuniga  
 Corina Villarreal  
 Nikolas Serratorubio  
 Jacqueline Salinas  
 Nelda Puente  
 Alixandra Pena  
 Alexandra Martinez  
 Katherine Harris  
 Avonna Campbell  
 Joseph Blea  
 Annie Speck  
 Alyssa Scheppler  
 Samantha Maltos  
 Amanda Hackett  
 Elizabeth Aguilar  
 Nathan Sosa  
 Brenda Miranda  
 Anthony Maltos  
 David Aguilar  
 Bianca Ybarra  
 Sa'Eisha Jones  
 Ruby Fernandez  
 Kaitlyn Benavidez  
 Morgan Ramos

