

TRIO STUDENT SUPPORT SERVICES Welcome Back!



TRiO 2014 Cohort at Cardinal Camp New Braunfels, TX

Message from the Director

TRiO Works!

You are going to hear that phrase a lot, now that you are a member of the TRiO Student Support Services program at UIW. Our work is to help you graduate. Period.

You may notice that there are several fresh, new faces in our office. We have a new Counselor, Ms. Alejandra De Hoyos, who started in the spring. She has already done an amazing job of working with the Senior Campaign (making sure our seniors are ready for graduation), and would love for you to stop by and introduce yourselves.

The TRiO Program Leader, Ms. Yesenia Caloca, spent most of her summer planning outstanding activities for the fall and spring. There are academic workshops, financial assistance support, plays and performances, graduate school information, and so much more. Why? All for you!

I hope you had a restful and productive summer and are ready to meet and exceed your academic goals. We are here to help you do that. A few reminders as you being your semester:

1. AIM- Attendance is a must.

2. Be prepared to be a success. Come by the office for a little refresher in time management or simply to get organized for the new semester.

3. Care for yourself. Make sure you take advantage of all that TRiO and UIW have to offer, but make sure to get your rest and stay healthy to meet the challenges of a new semester.

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As always, your TRiO family is looking forward to sharing in your journey to success! -Mrs. Keller, Director of TRiO Student Support Services

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TRIO Student Support Services is a federally funded grant program by the U.S. Department of Education, designed to serve 200 students from 2010-2015.

Study Abroad Destination: Germany

TRIO STUDENT, CESIA TORRES, GOT THE OPPORTUNITY TO TAKE SUMMER CLASSES AT UIW'S EUROPEAN STUDY CENTER IN HEIDELBERG

Q: What made you decide to study abroad?

A: I decided to study abroad because it was a good opportunity to learn about a different culture, take summer classes, and travel all at the same time.

Q: What was a typical day like as a student in Heidelberg?

A: The days were nice and the class that I attended had a comfortable time. They started from 9:00am to 3:00pm. This schedule provided me enough time to work on my homework as well as go out and see Heidelberg. In addition, the class atmosphere was very friendly and the lectures were handled as conversations, which made learning easier and more enjoyable.

Q: What was your favorite part?

A: Getting the opportunity to not only see Heidelberg, Germany but other places as well. I got to have day trips to Stuttgart, Frankfurt, Mannheim, Nuremberg, and got to spend three days in Berlin. In addition to trips inside Germany, I got to visit Paris and Rome. It was such a blessing to get to experience all these beautiful places during my time abroad.

Q: What was the most challenging for you?

A: In general, all the trips were wonderful and full of history. Out of all the excursions, the most challenging was the visit to a concentration camp during our weekend trip to Berlin. Being in the camp and getting the opportunity to see and remember all the history that happened there was very sad and uncomfortable for me.



Taking a tour of the Colosseum in Rome, Italy.

Q: What are your next goals at UIW, and how did this experience influence you?

A: I will continue to study abroad in the area of business as well as preparing myself to study in other foreign countries. One of the places that I would like to study in is Seoul, South Korea. This semester, I have enrolled myself in the Korean language class at UIW in order to prepare myself more adequately. Having the experience of traveling to Germany made me realize that I would like to continue experiencing life in different countries.

Interested in Study Abroad? Contact Alanna Taylor at the UIW Study Abroad Office at: (210) 805-5709 <u>studyabroad@uiwtx.edu</u> <u>http://www.uiw.edu/studyabroad/</u>

Upcoming TRiO Workshops August & September

August 27	Time Management & Goal Setting	Prioritize, organize, and accomplish!	TRiO Lab, @ 11:00 am
September 4	Financial Aid 101	UIW Rep from Financial Aid will be available to answer your questions!	TRiO Lab, @ 11:00 am
September 17	\$how me the Money!	What money is out there for me? Get a head start at looking for ways to fund your education!	TRiO Lab, @ 1:00 pm
September 26	Graduate School Tour	Interested in getting your Master's or Doctorate's degree? Find out how to apply to graduate school!	TBD

Mentoring

All freshmen students will be paired up with a TRiO upperclass mentor. TRiO mentors are your guide and resource to navigate UIW.

Mentor Tips: "Don't be afraid to ask for help! Get involved in campus clubs and activities." Alix Peña, Finance major

"Try your best at everything and don't be discouraged if it doesn't turn out the way you planned. Use your resources to your advantage." Miguel Velez, Marketing major

"Buy a planner, USE it, ALWAYS check your Cardinal email." Bella Herbsleb, Business Administration major

"My advise would be to not lose sight of what you came to college for, which is to graduate. It's easy to get distracted. See yourself not as a student, but a professional in the making." Adriana Gutierrez, Marketing major

"Don't stress, do your best, and forget the rest." Brianna Chapa, Biology major

Have you met our new TRiO Program Counselor



- I love learning and consider myself a lifelong learner.
- Obtained my B.A. from Baylor University and M.A. from The University of Texas at San Antonio.
- Favorite meal of the day is BREAKFAST!
- Enjoy trying new foods from different parts of the world.
- Quote of the moment: "I walk slowly but I never walk backward." - Abraham Lincoln



Stop by the TRiO Lab and get to know Ms. De Hoyos! Don't forget to schedule your Advising appointment! Call 210-805-5812.



Calling all TRiO Seniors!

Senior Review with Ms. De Hoyos will include:

- **Market State** Audit Application
- Completion of Community Service Hours
- Final semester registration to ensure registration for all remaining, required courses
- Required Exit Interview during the intended final semester of course work
- Graduate School Exploration

Set your appointments for Senior Review as soon as possible. Call 210- 805-5812.

Advising & Tutoring

You will be receiving a call/ text from the TRiO Lab to schedule your advising and tutoring appointments.

We have tutors available in math and science.*Check tutoring availability every semester!* A few tips as you start the fall: 1)Use a daily calendar.

2)Take time to visit your professors

during office hours.

3)USE the library!

4)Thoroughly read the syllabus for each class.

5)Spend time with TRIO!





The Federal TRiO Programs (TRIO) are outreach and student service programs designed to identify and provide services for individuals from disadvantaged backgrounds.

We provide opportunities for academic development, assist students with basic college requirements, and motivate students towards the successful completion of their postsecondary

What is TRiO SSS?

Student Support Services

education and future academic goals.

The goal of SSS is to increase the college retention and graduation rates of our participants.

Who we serve: UIW students who have academic need and qualify as:

- Low-income
- First-generation college student
- Registered with Student Disability Services

- Our Services include:
- Academic tutoring
- Academic advising
- Financial Aid workshops
- Financial Literacy Education
- Graduate School Exploration
- Guidance and campus referrals
- Mentoring Program
- Community Service
- Opportunities

 Academic and Cultural Events







Contact Us

2010-2015

University of the Incarnate Word 4301 Broadway, CPO #28 San Antonio, TX 78209 Administration Building, Room 225 Monday-Friday, 8 AM- 5 PM

Phone: 210-805-5812 Fax: 210-805-5895 Email: <u>trio-ssp@uiwtx.edu</u> TRiO Staff: Wynette Keller Program Director, AD 117 Yesenia Caloca Program Leader, AD 225 Alejandra De Hoyos Program Counselor, AD 225

Check us out at:

<u>www.uiw.edu/trio/</u> www.facebook.com/trio.studentsuccess.9

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