

### Cell Biology Post-Exam Reflection

This activity is designed to give you a chance to reflect on your exam performance and, more importantly, on the effectiveness of your exam preparation. Please answer the questions sincerely. Your responses will be collected to inform the instructional team about student experiences surrounding this exam and how we can best support your learning. They will have no negative impact on your grade.

#### Day-to-Day Learning:

1. Do you own the book? \_\_\_\_\_
2. Do you read the assigned material before class? \_\_\_always, \_\_\_sometimes, \_\_\_rarely or never
3. How often do you use *the text website*? \_\_\_before each class, \_\_\_sometimes, \_\_\_late, rarely or never

#### Test Preparation:

4. Approximately how much time did you spend preparing for this exam?  
\_\_\_\_\_ hrs. each day since the last exam.

5. What percentage of your test preparation time was spent on these activities? [*Note: make sure these add up to 100%*]:

- a. Reading the textbook chapters for the first time? \_\_\_\_\_
- b. Re-reading the textbook chapters/sections? \_\_\_\_\_
- c. Using the Exam Reading Outline to help organize your notes? \_\_\_\_\_
- d. Reviewing your notes? \_\_\_\_\_
- e. Rewriting your notes, using the Reading Outline as a guide?  
[not typing] \_\_\_\_\_
- f. Working on text practice problems/group assignments? \_\_\_\_\_
- g. Reviewing Lecture Slides? \_\_\_\_\_
- h. Reviewing Provided Chapter Videos \_\_\_\_\_
- j. Reviewing your Problem Set Questions \_\_\_\_\_
- k. Attend/Participate in a LAC Tutoring Session \_\_\_\_\_
- j. Other \_\_\_\_\_  
(please specify \_\_\_\_\_)

6. Now that you've looked at your graded exam, estimate the percentage points you lost due to each of the following [*Note: make sure these add up to 100%*]:

- a. Trouble applying definitions \_\_\_\_\_
- b. Trouble remembering concepts \_\_\_\_\_
- c. Lack of understanding of concepts \_\_\_\_\_
- d. Unclear expectations \_\_\_\_\_
- e. Not knowing how to approach the problem \_\_\_\_\_
- f. Not fully understanding the question \_\_\_\_\_
- g. Careless mistakes \_\_\_\_\_
- h. Other \_\_\_\_\_  
(please specify \_\_\_\_\_)

7. Based on your responses to the questions above, name 2 things that you will do differently in preparing for the next exam. For example, will you just spend more time, changing a specific study habit, or try a new one (if so name it); try to sharpen another skill (if so name it); use the tutoring center more; something else?

8. What can we do to help support your learning and your preparation on the next exam?

**Please use the back if you need more space for your answers.**